








EFC COON RAPIDS – FEBRUARY 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Magician 	TUITION DUE 1 ITALIAN SPACHETTI WITH TURKEY SAUCE, CARROTS, FRESH ORANGES, MANDARIN	2 TURKEY TACO ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, GREEN BEANS, FRESH BANANA
	5 SW LENTILS, CORN MUFFIN, PEARS	6 CHARBROILED BEEF PATTY WITH KETCHUP ON A WG BUN , MIXED VEGGIES, PEACHES	7 TATOR TOT HOT DISH, STEAMED BROCCOLI, FRESH APPLES, APPLESAUCE	8 PIZZA BOWL, GREEN BEANS, FRESH ORANGE, MANDARINS	STUFFED ANIMAL 9 CHICKEN TERIYAKI, WG BROWN RICE, PEAS, FRESH BANANA
	12 CHEESY ROTINI, BROCCOLI, PEACHES	RED DAY 13 CHILITO ON WG TORTILLA, PEARS	VALENTINE PARTIES 14 TURKEY SLOPPY JOES, WG BUN, SQUASH, FRESH APPLE, SOFT APPLE SLICES	TUITION DUE 15 CURRY CHICKEN, WG BROWN RICE, FRESH ORANGE, MANDARIN	16 SW CHICKEN, WG TORTILLA FRESH BANANA
	SILLY SOCK DAY 19 PINTO BEANS, WG BREADSTICK, PEACHES	PAJAMA DAY 20 CHICKEN BREAST NUGGETS (WG), PEAS, PEACHES	FLSH LIGHT DAY 21 ITALIAN SPACHETTI WITH TURKEY SAUCE, CARROTS, FRESH ORANGES, MANDARIN	CRAZY HAIR 22 BBQ CHICKEN ON WG BUN, SQUASH, PINEAPPLE, SOFT APPLE SLICES	DRESS BEST 23 CHICKEN FAJITA ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, CARROTS, FRESH BANANA
	26 TURKEY CHILI, WG BREAD STICK, PEACHES, OR SCRAMBLED EGG WITH BROCCOLI, WG BREAD STICK, PEACHES	27 CHICKEN PESTO PASTA, GREEN BEANS, PEARS	28 ITALIAN CABBAGE CRUNCH, WG BUN, FRESH APPLE, SOFT APPLE SLICES	29 CHEESY CHICKEN AND BROCCOLI, CORN BREAD MUFFIN, FRESH ORANGE, MANDARINS	
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK					