




# INVER GROVE HEIGHTS APRIL 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
NAEYC Week of the Young Child	<b>Movement Monday</b> <b>Tuition 3</b> CHICKEN BREAST NUGGETS (WG), CARROTS, PEACHES	<b>Tasty Tuesday</b> <b>4</b> TURKEY WILD RICE HOTDISH, SQUASH, PEARS	<b>Walking Wednesday</b> <b>5</b> SW CHICKEN, WG TORTILLA FRESH ORANGES, MANDARINS	<b>Thirsty Thursday</b> <b>6</b> TURKEY SPIRALS, CAULIFLOWER/BROCCOLI BLEND, FRESH APPLES, SOFT APPLES SLICES	<b>Family Friday</b> <b>7</b> TURKEY TACO ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, PEAS, FRESH BANANA
	<b>10</b> CHEESY CHICKEN AND BROCCOLI, WG BREAD STICK, PEACHES	<b>11</b> STIRFRY BEEF AND VEGGIES OVER 5 GRAIN BLEND, PEARS	<b>12</b> CHARBROILED BEEF PATTY WITH KETCHUP ON A WG BUN (WG), GREEN BEANS, PINEAPPLE TIDBITS, SOFT APPLE SLICES	<b>13</b> TURKEY CHILI WITH BEANS, CORN BREAD MUFFIN, FRESH ORANGE, MANDARINS	<b>14</b> CHICKEN FAJITA ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, CARROTS, FRESH BANANA
	<b>TUITION DUE</b> <b>17</b> ORANGE TOFU OVER WG BROWN RICE, PEACHES	<b>18</b> CHICKEN BREAST NUGGETS (WG), PEAS, PEARS	<b>19</b> TURKEY SLOPPY JOES, WG BUN, MIXED VEGGIES, FRESH ORANGES, MANDARINS	<b>20</b> WEE SHELLS WITH TURKEY, GREEN BEANS, FRESH APPLE, SOFT APPLE SLICES	<b>21</b> CHILITO ON WG TORTILLA, BANANA
	<b>24</b> CHARBROILED BEEF PATTY WITH KETCHUP ON A WG BUN (WG), PEAS, PEACHES	<b>25</b> SW PINTO BEANS, CORN BREAD MUFFIN, PEARS	<b>26</b> CURRY CHICKEN, WG BROWN RICE, FRESH APPLES, SOFT APPLE SLICES	<b>27</b> CHICKEN PESTO PASTA, GREEN BEANS, FRESH ORANGES, MANDARINS	<b>28</b> ITALIAN CABBAGE CRUNCH, WG BUN, FRESH BANANA
					
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) <b>RED FONT = TODDLER ALT</b> (WG) = WHOLE GRAIN * = CONTAINS PORK					