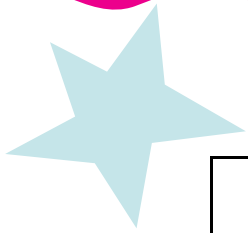


# COON RAPIDS MARCH 2023




Monday

Tuesday

Wednesday

Thursday

Friday

 <p>The Preschool Pantry Caring Services for Child Care Programs</p>			<p><b>TUITION DUE 1</b></p> <p>CHARBROILED BEEF PATTY WITH KETCHUP ON A BUN (WG), GREEN BEANS, PINEAPPLE TIDBITS, <b>SOFT APPLE SLICES</b></p>	<p><b>2</b></p> <p>CHICKEN BREAST NUGGETS (WG), MIXED VEGGIES, FRESH ORANGES, <b>MANDARINS</b></p>	<p><b>Favorite book 3</b></p> <p>TURKEY TACO ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, <b>PEAS</b>, FRESH BANANA</p>
<p><b>6</b></p> <p>SCRAMBLED EGG WITH BROCCOLI, CORN BREAD, PEACHES <b>SW LENTILS, CORN BREAD, PEACHES</b></p>	<p><b>Inside Out Day 7</b></p> <p>STIRFRY BEEF AND VEGGIES OVER 5 GRAIN BLEND, PEARS</p>	<p><b>8</b></p> <p>BBQ CHICKEN ON BUN (WG), PEAS, FRESH ORANGES, <b>MANDARINS</b></p>	<p><b>9</b></p> <p>TURKEY SPIRALS, CAULIFLOWER/BROCCOLI BLEND, FRESH APPLES, <b>SOFT APPLES SLICES</b></p>	<p><b>Favorite book 10</b></p> <p>CHICKEN FAJITA ON WG TORTILLA, ROMAINE AND ICEBERG LETTUCE, DRESSING, <b>CARROTS</b>, FRESH BANANA</p>	
<p><b>13</b></p> <p>ORANGE TOFU OVER WG BROWN RICE, PEACHES</p>	<p><b>Dress Up Day 14</b></p> <p>ITALIAN SPAGHETTI, MIXED VEGGIES, PEARS</p>	<p><b>TUITION DUE 15</b></p> <p>TURKEY CHILI WITH BEANS, WG BREAD STICK, FRESH ORANGE, <b>MANDARINS</b></p>	<p><b>Favorite Sports Team 16</b></p> <p>CHILITO ON WG TORTILLA, FRESH APPLES, <b>APPLESAUCE</b></p>	<p><b>Favorite book 17</b></p> <p>HAPPY ST PATS DAY GREEN PASTA (CHICKEN PESTO PASTA), GREEN BEANS, FRESH BANANA</p>	
<p><b>20</b></p> <p>CHEESY ROTINI, PEAS, FRESH PEARS</p>	<p><b>21</b></p> <p>SW PINTO BEANS, CORN BREAD MUFFIN, PEARS</p>	<p><b>Wacky Day 22</b></p> <p>STIRFRY CHICKEN AND CABBAGE OVER WG BROWN RICE, FRESH APPLES, <b>SOFT APPLE SLICES</b></p>	<p><b>23</b></p> <p>TURKEY AND GRAVY OVER BAKING POWDER BISCUITS, PEAS, FRESH ORANGE, <b>MANDARINS</b></p>	<p><b>Favorite book 24</b></p> <p>SW CHICKEN ON WG TORTILLA, FRESH BANANA</p>	
<p><b>27</b></p> <p>TURKEY WITH NOODLES, GREEN BEANS, FRESH ORANGES, <b>MANDARINS</b></p>	<p><b>28</b></p> <p>TURKEY SLOPPY JOES ON WG BUN, CARROTS, PEARS</p>	<p><b>29</b></p> <p>FRIED CAULIFLOWER RICE, WG BREAD STICK, PEACHES <b>CHEESY CHICKEN AND BROCCOLI, WG BREAD STICK, PEACHES</b></p>	<p><b>30</b></p> <p>CHICKEN TERIYAKI OVER WG BROWN RICE, SQUASH FRESH APPLES, <b>SOFT APPLE SLICES</b></p>	<p><b>Pajama Day 31</b></p> <p>CHICKEN PARMESAN ON WG BUN, PEAS, FRESH BANANA</p>	
<p>MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children)  <b>RED FONT = TODDLER ALT</b>            (WG) = WHOLE GRAIN            * = CONTAINS PORK</p>					