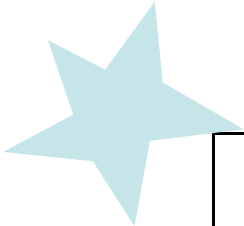




COON RAPIDS SEPTEMBER 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
		MILK SERVED WITH EACH MEAL RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK		STATE FAIR OUTFIT 1 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), PEAS, FRESH APPLES, APPLE SAUCE	2 CLOSED
EFC CLOSED 5 	PAJAMA DAY 6 STIRFRY BEEF AND VEGGIES, 5 GRAIN, FRESH PEARS	PAJAMA DAY 7 CHICKEN PARMESAN ON WG BUN, PEAS, FRESH ORANGES, MANDARIN	PAJAMA DAY 8 BAKED CHICKEN BREAST NUGGETS (WG), GREEN BEANS, FRESH APPLE, SOFT APPLE SLICES	PAJAMA DAY 9 SPLIT PEA SOUP, WG BREAD STICK, BANANA	
	12 SW CHICKEN ON WG TORTILLA, PEARS	13 CHICKEN TERIYAKI OVER BROWN RICE, MIXED VEGGIES, PEACHES	14 TURKEY WITH GRAVY, BUTTERMILK BISCUIT, STEAMED BROCCOLI CUTS, FRESH ORANGES, MANDARIN	15 CHICKEN BEAN CHOWDER, WG BREADSTICK, FRESH APPLE, SOFT APPLE SLICES	VIKINGS DAY 16 TURKEY SLOPPY JOES ON A WG BURGER BUN, CHOPPED ROMAINE & ICEBERG, DRESSING, GREEN BEANS , FRESH BANANA
	19 TURKEY CHILI W/BEANS, WG BREAD STICK, PEACHES	PAW PATROL DAY 20 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), GREEN BEANS, PEARS	21 BAKED CHICKEN BREAST NUGGETS (WG), CARROTS, ORANGES, MANDARIN	22 ITALIAN CABBAGE CRUNCH ON WG BUN, PEAS, FRESH APPLES, SOFT APPLE SLICES	23 ORANGE TOFU WRAPS, WG TORTILLA, FRESH APPLES, SOFT APPLE SLICES
	26 TURKEY WILD RICE HOTDISH, MIXED VEGGIES, PEACHES	27 CHICKEN PESTO PASTA, CARROTS, FRESH PEARS	28 CHICKEN ALA KING ON BUTTERMILK BISCUIT, FRESH ORANGE, MANDARINS	FARMER DAY 29 STIRFRY CABBAGE/CHICKEN, BROWN RICE, FRESH APPLES, SOFT APPLE SLICES	30 CAULIFLOWER CHEESE SOUP, WG BREAD STIX, FRESH BANANA
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK					