





INVER GROVE HEIGHTS AUGUST 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
	TUITION DUE Stretch n Grow 1 BAKED CHICKEN BREAST NUGGETS (WG), MIXED VEGGIES, PEACHES	 2 TURKEY WITH GRAVY, BUTTERMILK BISCUIT, STEAMED BROCCOLI CUTS, FRESH ORANGES, MANDARIN	Spanish 3 CHICKEN PESTO PASTA, CARROTS, PEARS	4 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), PEAS, FRESH APPLES, APPLE SAUCE	5 SOUTHWEST CHICKEN AND VEGGIE ON TORTILLA (WG), BANANA
	8 WEE SHELLS, GREEN BEANS, APPLES, SOFT APPLE SLICES	9 STIRFRY BEEF AND VEGGIES, 5 GRAIN, FRESH PEARS, DICED PEARS	Spanish 10 CHICKEN PARMESAN ON WG BUN, PEAS, PEACHES	 11 PICNIC LUNCH	12 TURKEY SLOPPY JOES ON A WG BURGER BUN, GREEN BEANS, FRESH BANANA
	TUITION DUE Stretch n Grow 15 CHICKEN WITH BBQ SAUCE, WG BUN, CARROTS, PEARS	16 CHICKEN TERIYAKI OVER BROWN RICE, MIXED VEGGIES, PEACHES	Spanish 17 SPAGHETTI WITH TURKEY SAUCE, GREEN BEANS, FRESH ORANGES, MANDARINS	Pre-K Graduation 3pm 18 CHICKEN ALA KING, BUTTERMILK BUISUITS, FRESH APPLE, SOFT APPLE SLICES	 19 TURKEY TACO, WG TORTILLA, PEAS, FRESH BANANA
	22 CHEESY ROTINI, PEAS, PEACHES	 23 CHILITO, WG TORTILLA, , PEARS	Spanish 24 CHICKEN CURRY, BROWN RICE, FRESH ORANGES, MANDARINS	25 CHICKEN SPAGHETTI, PEAS, FRESH APPLES, SOFT APPLE SLICES	26 PASTA WITH CHICK PEAS SAUCE, BROCCOLI CUTS, FRESH WATERMELON
	Stretch n Grow 29 TURKEY WITH NOODLES, MIXED VEGGIES, FRESH ORANGES, MANDARINS	30 CHEESY CHICKEN AND BROCCOLI, WG BREAD STICK, PEARS	Spanish 31 SWEET AND SOUR CHICKEN WITH CARROTS AND PEAS, BROWN RICE, FRESH APPLES, SOFT APPLE SLICES	 The Preschool Pantry Creating Services for Child Care Programs	
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK					