






# COON RAPIDS JUNE 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
			<b>TUITION DUE 1</b>  SPLIT PEA SOUP WITH CARROTS, WG BREAD STIX, FRESH ORANGES, <b>MANDARINS</b>	<b>2</b>  BAKED CHICKEN BREAST NUGGETS (WG), COLE SLAW, <b>GREEN BEANS</b> , FRESH APPLE, <b>SOFT APPLE SLICES</b>	<b>WACKY HAIR 3</b>  SOUTHWEST CHICKEN AND VEGGIE ON TORTILLA (WG), BANANA
	<b>NATIONAL GARDENING DAY 6</b>  TURKEY FETTUCCINE, MIXED VEGGIES, PEACHES	<b>7</b>  CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG) GREEN BEANS, PEARS	<b>8</b>  ITALIAN SPAGHETTI (WG), PEAS, FRESH ORANGES, <b>MANDARIN</b>	<b>TWINS DAY 9</b>  BBQ CHICKEN ON BUN (WG), CORN <b>GREEN BEANS</b> FRESH APPLE, <b>SOFT APPLE SLICES</b>	<b>10</b>  CHICKEN ALA KING, BUTTERMILK BISCUIT, FRESH BANANA
	<b>13</b>  STIRFRY BEEF AND VEGGIES OVER 5 GRAIN BLEND(WG) PEACHES	<b>14</b>  CHICKEN TERIYAKI OVER BROWN RICE, GREEN BEANS, PEARS	<b>TUITION DUE 15</b>  CHEESY ROTINI, MIXED VEGGIES, ORANGES, <b>MANDARINS</b>	<b>SUPER HERO DAY 16</b>  CHICKEN PARMESAN ON WG BUN, PEAS, FRESH APPLE, <b>APPLE SAUCE</b>	<b>Father's Day Happy Hour Treat 17</b>  ITALIAN CABBAGE CRUNCH, WG BUN, CARROTS, FRESH BANANA
	<b>20</b>  STIR FRY CHICKEN W/ CABBAGE OVER BROWN RICE (WG), PEACHES	<b>FAVORITE CHARACTER 21</b>  TURKEY WITH NOODLES, MIXED VEGGIES, FRESH ORANGES, <b>MANDARINS</b>	<b>22</b>  CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, <b>PEAS</b> , PEARS	<b>23</b>  WEE SHELLS, GREEN BEANS, APPLES, <b>SOFT APPLE SLICES</b>	<b>24</b>  CHICKEN FAJITA ON TORTILLA (WG), MIXED VEGGIES, BANANA
	<b>SUN GLASSES DAY 27</b>  CHEESY CHICKEN AND BROCCOLI, BREADSTICK(WG), PINEAPPLE TIDBITS, <b>APPLESAUCE</b>	<b>28</b>  TURKEY SLOPPY JOES ON A WG BURGER BUN, PEAS, PEARS	<b>BIKE DAY 29</b>  BAKED CHICKEN BREAST NUGGETS (WG), MIXED, FRESH ORANGE, <b>MANDARINS</b>	<b>30</b>  WILD RICE HOTDISH, COLESLAW, <b>GREEN BEANS</b> , FRESH APPLE, <b>SOFT APPLE SLICES</b>	
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) <b>RED FONT = TODDLER ALT</b> (WG) = WHOLE GRAIN * = CONTAINS PORK					