







# INVER GROVE HEIGHTS MAY 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>TUITION DUE 2</b>  WEE SHELLS & TURKEY, GREEN BEANS, PEACHES	<b>3</b>  ITALIAN SPAGHETTI (WG), PEAS, PEARS	<b>4</b>  CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), PICKLE, FRESH ORANGE, <b>MANDARIN</b>	 <b>5</b>  TURKEY & CHEESE SANDWICH, PICKLE, APPLE SLICES, RAISINS	<b>6</b>  CHICKEN ALA KING, BUTTERMILK BISCUITS, FRESH APPLE, <b>SOFT APPLE SLICES</b>
	<b>Stretch N Grow 9</b>  SOUTHWEST CHICKEN AND VEGGIE ON TORTILLA (WG), BANANA	<b>10</b>  BAKED CHICKEN BREAST NUGGETS (WG), GREEN BEANS, PEACHES	<b>11</b>  <b>NEW</b> RED RAVIOLI, CORN, <b>CARROTS</b> , PEARS	<b>12</b>  BBQ CHICKEN ON BUN (WG), CORN <b>GREEN BEANS</b> , FRESH ORANGE, <b>MANDARIN</b>	<b>13</b>  WILD RICE HOTDISH, COLESLAW, FRESH APPLE, <b>SOFT APPLE SLICES</b>
	<b>TUITION DUE 16</b>  STIR FRY CHICKEN W/ CABBAGE OVER BROWN RICE (WG), PEACHES	<b>17</b>  CHICKEN TERIYAKI OVER BROWN RICE, PEARS	 <b>18</b>  <b>NEW</b> POULTRY PESTO PASTA, GREEN BEANS, FRESH ORANGES, <b>MANDARIN</b>	<b>19</b>  TURKEY SLOPPY JOE ON BUN (WG), PEAS, FRESH APPLE, <b>SOFT APPLE SLICES</b>	<b>20</b>  TURKEY TACO ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG, DRESSING, <b>GREEN BEANS</b> , FRESH BANANA
	<b>Stretch N Grow 23</b>  CHICKEN FAJITA ON TORTILLA (WG), MIXED VEGGIES, PEACHES	<b>24</b>  CHEESY CHICKEN AND BROCCOLI, BREADSTICK (WG), PINEAPPLE TIDBITS, <b>APPLESAUCE</b>	<b>25</b>  CHICKEN SPAGHETTI (WG), CARROTS, FRESH ORANGES, <b>MANDARIN</b>	<b>26</b>  <b>NEW</b> CHICKEN CURRY OVER BROWN RICE, FRESH APPLE, <b>SOFT APPLE SLICES</b>	<b>27</b>  <b>EFC CLOSED STAFF DEVELOPMENT</b>
	 <b>30</b>  <b>EFC CLOSED HAPPY MEMORIAL DAY</b>	<b>31</b>  STIRFRY BEEF AND VEGGIES OVER 5 GRAIN BLEND (WG) PEARS			
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) <b>RED FONT = TODDLER ALT</b> (WG) = WHOLE GRAIN * = CONTAINS PORK					