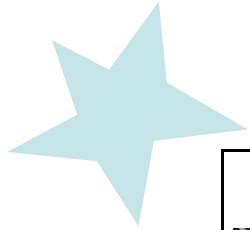








COON RAPIDS NOVEMBER 2021



	Monday	Tuesday	Wednesday	Thursday	Friday
	TUITION DUE 1 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, FRESH APPLE GREEN BEANS, SOFT APPLE SLICES	2 TURKEY FETTUCCINI, ASSORTED VEGETABLES, PEACHES	3 SOUTHWEST CHICKEN & VEGGIE ON TORTILLA (WG), PEARS	FAVORITE COLOR 4 CHICKEN ALA KING, BUTTERMILK BISCUIT, FRESH ORANGE MANDARIN	5 TURKEY TACO ON TORTILLA (WG) CHOPPED ROMAINE & ICEBERG W/ BEETS & DRESSING CARROTS STRAWBERRIES
	8 STIR FRY CHICKEN & CABBAGE OVER BROWN RICE (WG) PINEAPPLE TIDBITS PEARS	SLIPPER DAY 9 ITALIAN SPAGHETTI (WG) GREEN BEANS, PEACHES	10 FISH NUGGETS W/ CHEESE AND TARTAR SAUCE ON BUN (WG), ASSORTED VEGETABLES, APPLE SOFT APPLE SLICES	11 CHEESY ROTINI (WG), PEAS, FRESH ORANGE MANDARIN	12 CHICKEN FAJITA ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ BEETS & DRESSING GREEN BEANS, STRAWBERRIES
	TUITION DUE 15 TURKEY WITH NOODLES, PEAS, PEACHES	16 CHILITO ON TORTILLA (WG) CHICKEN FLORENTINE, BUTTERMILK BISCUIT PEARS	17 STIR FRY BEEF & VEGGIES OVER 5 GRAIN BLEND (WG), FRESH ORANGE MANDARINA	18 SLOPPY JOE ON BUN (WG) CORN, FRESH APPLE CARROTS, SOFT APPLE SLICES	VIKINGS DAY 19 CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ROMAINE & ICEBERG W/ BEETS & DRESSING PEAS STRAWBERRIES
	22 TURKEY WILD RICE HOTDISH, GREEN BEANS, PEACHES	23 CHICKEN PARMESAN ON BUN (WG), ASSORTED VEGETABLES, PINEAPPLE TIDBITS PEARS	PAJAMA DAY 24 CHICKEN BREAST NUGGETS (WG) CARROTS, PEARS	25	26 THANKSGIVING HOLIDAY - CENTER CLOSED
	29 ITALIAN CABBAGE CRUNCH ON BUN (WG), PEAS, PEARS	30 TURKEY CHILI W/ BEANS, BREADSTICK (WG), ORANGE WEE SHELLS & TURKEY, ASSORTED VEGETABLES, MANDARIN			
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK					