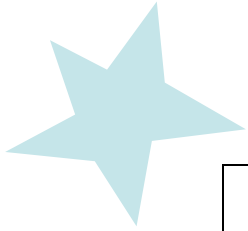


# INVER GROVE HEIGHTS SEPTEMBER 2021




Monday

Tuesday

Wednesday

Thursday

Friday

|   |  |  |   |  |   |
|---|--|--|---|--|---|
|  |  |  | <b>TUITION DUE 1</b><br><br>CHEESY CHICKEN & BROCCOLI, BREADSTICK (WG), FRESH ORANGE MANDARIN | <b>2</b><br><br>TURKEY W/ NOODLES (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES                                       | <b>3</b><br><br><b>CENTER CLOSED</b>  |
|   | <b>6</b><br><br><b>LABOR DAY HOLIDAY - CENTER CLOSED</b>   | <b>7</b><br><br>SOUTHWEST CHICKEN & VEGGIE ON TORTILLA (WG), PEARS           | <b>8</b><br><br>ITALIAN SPAGHETTI (WG), GREEN BEANS, PEACHES                                  | <b>9</b><br><br>STIR FRY CHICKEN & CABBAGE OVER BROWN RICE (WG), FRESH APPLE SOFT APPLE SLICES                                   | <b>10</b><br><br>CHICKEN FAJITA ON TORTILLA (WG), CORN, BANANA  |
|   | <b>13</b><br><br>BBQ CHICKEN ON BUN (WG), ASSORTED VEGETABLES, PINEAPPLE   | <b>Sign language 14</b><br><br>CHEESY ROTINI (WG), CARROTS, PEACHES          | <b>TUITION DUE 15</b><br><br>CHICKEN SPAGHETTI (WG), PEAS, FRESH ORANGE MANDARIN              | <b>16</b><br><br>CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, FRESH APPLE GREEN BEANS, SOFT APPLE SLICES                 | <b>17</b><br><br>FISH NUGGETS W/ CHEESE & TARTAR SAUCE ON BUN, CARROTS, FRESH BANANA                        |
|   | <b>20</b><br><br>PIZZA LUNCH   | <b>21</b><br><br>STIR FRY BEEF & VEGGIES, 5 GRAIN BLEND (WG), PEARS          | <b>22</b><br><br>CHICKEN BREAST NUGGETS (WG), ASSORTED VEGETABLES, FRESH ORANGE MANDARIN      | <b>23</b><br><br>PICNIC LUNCH  | <b>24</b><br><br>CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ROMAINE & ICEBERG W/ DRESSING, PEAS, BANANA |
|   | <b>27</b><br><br>ITALIAN CABBAGE CRUNCH ON BUN (WG), CARROTS, PEARS  | <b>Sign language 28</b><br><br>CHICKEN ALA KING, BUTTERMILK BISCUIT, PEACHES | <b>29</b><br><br>WILD RICE HOTDISH, PEAS, FRESH ORANGE MANDARIN                               | 45th anniversary pizza party 6-8pm<br><b>30</b><br><br>TURKEY SLOPPY JOE ON BUN (WG), GREEN BEANS, FRESH APPLE SOFT APPLE SLICES |   |
|   | MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children)<br>RED FONT = TODDLER ALT<br>(WG) = WHOLE GRAIN<br>* = CONTAINS PORK |  |   |  |   |