

EFC EAGAN– SEPTEMBER 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			TUITION DUE 1 CHEESY CHICKEN & BROCCOLI, BREADSTICK (WG), FRESH ORANGE MANDARIN	2 TURKEY W/ NOODLES (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES	3 TURKEY TACO ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ DRESSING PEAS FRESH BANANA
	6 LABOR DAY HOLIDAY - CENTER CLOSED	7 SOUTHWEST CHICKEN & VEGGIE ON TORTILLA (WG), PEARS	8 ITALIAN SPAGHETTI (WG), GREEN BEANS, PEACHES	9 STIR FRY CHICKEN & CABBAGE OVER BROWN RICE (WG), FRESH APPLE SOFT APPLE SLICES	10 CHICKEN FAJITA ON TORTILLA (WG), CORN, BANANA
	13 BBQ CHICKEN ON BUN (WG), ASSORTED VEGETABLES, PINEAPPLE PEARS	14 CHEESY ROTINI (WG), CARROTS, PEACHES	TUITION DUE 15 CHICKEN SPAGHETTI (WG), PEAS, FRESH ORANGE MANDARIN	16 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, FRESH APPLE GREEN BEANS, SOFT APPLE SLICES	17 FISH NUGGETS W/ CHEESE & TARTAR SAUCE ON BUN, CARROTS, FRESH BANANA
	20 CHICKEN BEAN CHOWDER, BREADSTICK (G), PEACHES	21 STIR FRY BEEF & VEGGIES, 5 GRAIN BLEND (WG), PEARS	22 CHICKEN BREAST NUGGETS (WG), ASSORTED VEGETABLES, FRESH ORANGE MANDARIN	23 FRIED CAULIFLOWER RICE, BREADSTICK (WG), FRESH APPLE SOFT APPLE SLICES	24 CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ROMAINE & ICEBERG W/ DRESSING, PEAS , BANANA
	27 ITALIAN CABBAGE CRUNCH ON BUN (WG), CARROTS, PEARS	28 CHICKEN ALA KING, BUTTERMILK BISCUIT, PEACHES	29 WILD RICE HOTDISH, PEAS, FRESH ORANGE MANDARIN	30 TURKEY SLOPPY JOE ON BUN (WG), GREEN BEANS, FRESH APPLE SOFT APPLE SLICES	
MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children) RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK					