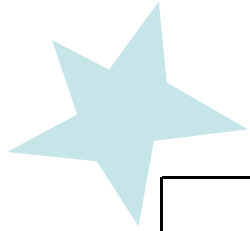


INVER GROVE HEIGHTS JULY 2021



Monday

Tuesday

Wednesday

Thursday

Friday

			<p>MILK SERVED WITH EACH MEAL RED FONT = TODDLER ALT WG= WHOLE GRAIN * = CONTAINS PORK</p>	<p>TUITION DUE 1 SOUTHWEST CHICKEN & VEGGIE ON TORTILLA (WG), FRESH ORANGE MANDARIN</p>	<p>2 TURKEY TACO ON TORTILLA (WG), CARROTS FRESH BANANA</p>
<p>5 INDEPENDENCE DAY CENTER CLOSED</p>	<p>6 ITALIAN SPAGHETTI (WG), GREEN BEANS, PEARS</p>	<p>7 Water day! BBQ CHICKEN ON BUN (WG), CORN, PINEAPPLE PEAS, PEACHES</p>	<p>8 CHICKEN ALA KING, BUTTERMILK BISCUIT, FRESH ORANGE MANDARIN</p>	<p>9 CHICKEN FAJITA ON TORTILLA (WG), FRESH ZUCCHINI STICKS W/ RANCH DRESSING, WATERMELON</p>	
<p>12 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), ASSORTED VEGETABLES, PEACHES</p>	<p>13 STIR FRY CHICKEN & CABBAGE OVER BROWN RICE (WG), PEARS</p>	<p>14 Water day! TURKEY W/ NOODLES (WG), CARROTS, FRESH APPLE SOFT APPLE SLICES</p>	<p>15 TUITION DUE CHEESY ROTINI (WG), GREEN BEANS, FRESH ORANGE MANDARIN</p>	<p>16 FISH NUGGETS W/ CHEESE AND TARTAR SAUCE ON BUN (WG), ASSORTED VEGETABLES, FRESH BANANA</p>	
<p>19 FRIED CAULIFLOWER RICE, BREADSTICK (WG), PINEAPPLE PEARS</p>	<p>20 CHICKEN SPAGHETTI (WG), PEAS, PEACHES</p>	<p>21 Water day! STIR FRY BEEF & VEGGIES, 5 GRAIN BLEND, FRESH ORANGE MANDARIN</p>	<p>22 CHEESY CHICKEN & BROCCOLI, BREADSTICK (WG), FRESH APPLE SOFT APPLE SLICES</p>	<p>23 CHICKEN TERIYAKI OVER BROWN RICE (WG), FRESH ZUCCHINI STICKS W/ RANCH DRESSING, BANANA</p>	
<p>26 SLOPPY JOE ON BUN (WG) ASSORTED VEGETABLES, PEARS</p>	<p>27 CHICKEN BREAST NUGGETS (WG), GREEN BEANS, PEACHES</p>	<p>28 Water day! PIZZA, FRESH ORANGE MANDARIN</p>	<p>29 PICNIC LUNCH</p>	<p>30 WILD RICE HOTDISH, CARROTS, FRESH APPLE, SOFT APPLE SLICES</p>	