

COON RAPIDS SEPTEMBER 2020



	Monday	Tuesday	Wednesday	Thursday	Friday
INFANT/TODDLERS PRESCHOOL SKY INSECTS		TUITION DUE Bring Family Photo 1 ITALIAN SPAGHETTI (WG), GREEN BEANS, PEARS	2 STIR FRY CHICKEN & CABBAGE OVER BROWN RICE (WG), FRESH APPLE SOFT APPLE SLICES	3 CHICKEN BREAST NUGGETS (WG), ASSORTED VEGETABLES, FRESH ORANGE MANDARIN	4 CENTER CLOSED - STAFF IN-SERVICE
BEGINNING THE YEAR BEGINNING THE YEAR	7 LABOR DAY - CENTER CLOSED	Bring Family Photo 8 CHICKEN ALA KING, BUTTERMILK BISCUIT, PINEAPPLE PEACHES	9 TURKEY FETTUCCINI, PEAS, PEARS	10 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, FRESH APPLE GREEN BEANS, SOFT APPLE SLICES	11 CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ROMAINE & ICEBERG W/ BEETS & DRESSING ASSORTED VEGETABLES FRESH BANANA
BEGINNING THE YEAR BEGINNING THE YEAR	14 CHEESY CHICKEN & BROCOLI, BREADSTICK (WG), PEARS	TUITION DUE 15 FISH NUGGETS W/ CHEESE & TARTAR SAUCE ON BUN (WG), GREEN BEANS, PEACHES	16 CHICKEN SPAGHETTI, CARROTS, FRESH APPLE SOFT APPLE SLICES	17 CHEESY ROTINI, PEAS, FRESH ORANGE MANDARIN	Dress like parent or grandparent 18 CHICKEN FAJITA ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ BEETS AND DRESSING GREEN BEANS FRESH BANANA
APPLES BEGINNING THE YEAR	Bring your favorite family recipe 21 STIR FRY BEEF & VEGGIES OVER 5 GRAIN BLEND (WG), PEACHES	BIKE DAY 22 CHILITO ON TORTILLA (WG) CHICKEN FLORENTINE, BUTTERMILK BISCUIT PEARS	23 TURKEY WITH NOODLES, ASSORTED VEGETABLES, FRESH ORANGE MANDARIN	24 RICED VEGGIE CONFETTI W/ EGG, BREADSTICK (WG), FRESH APPLE SOFT APPLE SLICES	Pajama Day 25 SLOPPY JOE ON BUN (WG), CORN CARROTS FRESH BANANA
APPLES BEGINNING THE YEAR	28 CHICKEN PARMESAN ON BUN (WG), GREEN BEANS, PEARS	29 TURKEY WILD RICE HOTDISH, PEAS, PEACHES	Take a Walk Day 30 TURKEY CHILI W/ BEANS, BREADSTICK (WG), FRESH ORANGE WEE SHELLS & TURKEY, ASSORTED VEGGIE, MANDARIN	MILK SERVED WITH EACH MEAL RED FONT = TODDLER ALT WG = WHOLE GRAIN * = CONTAINS PORK	