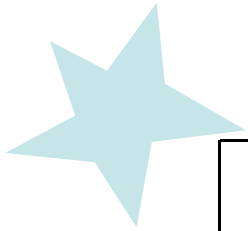


EAGAN OCTOBER 2019



Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3	4
		CHEESY ROTINI (WG), GREEN BEANS, PEARS	TURKEY W/ NOODLES (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES	FISH NUGGETS W/ CHEESE AND TARTAR ON BUN (WG), PEAS, FRESH ORANGE MANDARIN	ROASTED CHICK PEA SALAD, BREADSTICK (WG) SPLIT PEA SOUP WITH CARROTS , FRESH BANANA
	7	8	9	10	11
CHEF'S CHOICE: CHICKEN SPAGHETTI, SW CHICKEN AND VEGGIE OR TURKEY TACOS, GREEN BEANS , PEACHES	TURKEY WILD RICE HOTDISH, CAULIFLOWER/BROCCOLI, PEARS	CHILITO WRAP ON TORTILLA (WG), FRESH APPLE CHICKEN FLORENTINE , BREADSTICK (WG), SOFT APPLE SLICES	CHICKEN ALA KING, BUTTERMILK BISCUITS, FRESH ORANGE MANDARIN	CHICKEN FAJITA ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ BEET & DRESSING ASSORTED VEGETABLES , FRESH PEAR	
	14	15	16	17	18
BAKED CHICKEN NUGGETS (WG), CARROTS, PEARS	TURKEY FETTUCCINI, GREEN BEANS, PINEAPPLE TIDBITS PEACHES	TURKEY SLOPPY JOE ON BUN (WG), PEAS, FRESH ORANGE MANDARIN	ITALIAN SPAGHETTI (WG), CAULIFLOWER/BROCCOLI, FRESH APPLE SOFT APPLE SLICES	CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ICEBERG & ROMAINE WITH BEETS AND DRESSING CARROTS , FRESH BANANA	
	21	22	23	 24	25
TURKEY CHILI W/ BEANS *, BREADSTICK (WG) SLOPPY SLAW ON BUN (WG) , APPLE CRISP	BRUNCH BAR* W/ CHEESE ON BUN (WG), CORN, CHICKEN PARMESAN ON BUN (WG) , GREEN BEANS , PEARS	SOUTHWEST CHICKEN VEGGIE WRAP ON TORTILLA (WG), WEE SHELLS & TURKEY , PEAS, PEACHES	CHICKEN SPAGHETTI (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES	TACO ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ BEETS & DRESSING PEAS , FRESH PEARS	
	28	29	 Picture Day 30	31	
STIR FRY CHICKEN W CABBAGE OVER BROWN RICE (WG), PINEAPPLE TIDBITS PEACHES	TURKEY VEGETABLE SOUP, CHEESE SANDWICH (WG), PEAR	BBQ CHICKEN ON BUN (WG), CAULIFLOWER/BROCCOLI, FRESH APPLE SOFT APPLE SLICES	ITALIAN CABBAGE CRUNCH ON BUN (WG), FRESH ORANGE MANDARIN		

MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children)

RED FONT = TODDLER ALT

(WG) = WHOLE GRAIN

* = CONTAINS PORK