

EDINA W. 70TH OCTOBER 2019




Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3	4
		CHEESY ROTINI (WG), GREEN BEANS, PEARS	TURKEY W/ NOODLES (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES	FISH NUGGETS W/ CHEESE AND TARTAR ON BUN (WG), PEAS, FRESH ORANGE MANDARIN	ROASTED CHICK PEA SALAD, BREADSTICK (WG) SPLIT PEA SOUP WITH CARROTS , FRESH BANANA
Sign Language - T,E,F 7		8	9	Stretch and Grow 10	11
CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, GREEN BEANS, PEACHES		TURKEY WILD RICE HOTDISH, CAULIFLOWER/BROCCOLI, PEARS	CHILITO WRAP ON TORTILLA (WG), FRESH APPLE CHICKEN FLORENTINE, BREADSTICK (WG), SOFT APPLE SLICES	CHICKEN ALA KING, BUTTERMILK BISCUITS, FRESH ORANGE MANDARIN	CHICKEN FAJITA ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ BEET & DRESSING ASSORTED VEGETABLES , FRESH PEAR
Sign Language - T,E,F Play, Tap & Go - Tods & Monkeys 14		15	16	17	18
BAKED CHICKEN NUGGETS (WG), CARROTS, PEARS		TURKEY FETTUCCINI, GREEN BEANS, PINEAPPLE TIDBITS PEACHES	TURKEY SLOPPY JOE ON BUN (WG), PEAS, FRESH ORANGE MANDARIN	ITALIAN SPAGHETTI (WG), CAULIFLOWER/BROCCOLI, FRESH APPLE SOFT APPLE SLICES	CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ICEBERG & ROMAINE WITH BEETS AND DRESSING CARROTS , FRESH BANANA
Sign Language - T,E,F 21		Wonder Weavers Storytellers PS 3:30, Toddlers 4:00 22	23	Stretch and Grow EFC Family Halloween Party 6:15-7:30 24	25
TURKEY CHILI W/ BEANS *, BREADSTICK (WG) SLOPPY SLAW ON BUN (WG) , APPLE CRISP		BRUNCH BAR* W/ CHEESE ON BUN (WG), CORN, CHICKEN PARMESAN ON BUN (WG) , GREEN BEANS, PEARS	SOUTHWEST CHICKEN VEGGIE WRAP ON TORTILLA (WG), WEE SHELLS & TURKEY, PEAS, PEACHES	CHICKEN SPAGHETTI (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES	TACO ON TORTILLA (WG), CHOPPED ROMAINE & ICEBERG W/ BEETS & DRESSING PEAS , FRESH PEARS
Sign Language - T,E,F Play, Tap & Go - Tods & Monkeys 28		29	30	31	
STIR FRY CHICKEN W CABBAGE OVER BROWN RICE (WG), PINEAPPLE TIDBITS PEACHES		TURKEY VEGETABLE SOUP, CHEESE SANDWICH (WG), PEAR	BBQ CHICKEN ON BUN (WG), CAULIFLOWER/BROCCOLI, FRESH APPLE SOFT APPLE SLICES	ITALIAN CABBAGE CRUNCH ON BUN (WG), FRESH ORANGE MANDARIN	

MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children)

RED FONT = TODDLER ALT

(WG) = WHOLE GRAIN

* = CONTAINS PORK