



INVER GROVE HEIGHTS SEPTEMBER 2019

Monday

Tuesday

Wednesday

Thursday

Friday

Monday	Tuesday	Wednesday	Thursday	Friday
Center Closed 2 LABOR DAY	3 CHEESY ROTINI (WG) GREEN BEANS, PEARS	4 FISH NUGGETS W/ CHEESE AND TARTAR SAUCE ON BUN (WG) CARROTS, PEACHES	5 TURKEY W/ NOODLES (WG), ASSORTED VEGETABLES, FRESH APPLE SOFT APPLE SLICES	6 ROASTED CHICK PEA SALAD, BREADSTICK (WG) SPLIT PEA W/ CARROTS SOUP , FRESH BANANA
Stretch-N-Grow 9 TURKEY WILD RICE HOTDISH, PEAS, PINEAPPLE TIDBITS PEARS	10 CHARBROILED BEEF PATTY W/ KETCHUP ON BUN (WG), CORN, CARROTS PEACHES	11 CHILITO WRAP ON TORTILLA (WG) FRESH ORANGE CHICKEN FLORENTINE, BREADSTICK (WG), MANDARIN	12 CHICKEN ALA KING, BUTERMILK BISCUITS, FRESH APPLE SOFT APPLE SLICES	13 CHICKEN FAJITA ON TORTILLA (WG), CHOPPED ROMAINE, ICEBERG & BEETS W/ DRESSING GREEN BEANS , FRESH PEAR
16 TURKEY FETTUCCINI, ASSORTED VEGETABLES, PEACHES	Sign Language 17 BAKED CHICKEN NUGGETS (WG), CARROTS, PEARS	18 TURKEY SLOPPY JOE ON BUN (WG), CORN, FRESH APPLE PEAS, SOFT APPLE SLICES	Family Picnic 19 TURKEY VEGETABLE SOUP, CHEESE SANDWICH (WG), FRESH ORANGE MANDARIN	20 CHICKEN TERIYAKI OVER BROWN RICE (WG) CHOPPED ROMAINE, ICEBERG & BEETS W/ DRESSING CARROTS , FRESH BANANA
Stretch-N-Grow 23 TURKEY CHILI W/ BEANS, BREADSTICK (WG) ITALIAN CABBAGE CRUNCH ON BUN (WG) PEACHES	24 SOUTHWEST CHICKEN & VEGGIE WRAP ON TORTILLA (WG) WEE SHELLS & TURKEY, GREEN BEANS, PEARS	25 CHICKEN SPAGHETTI (WG), CARROTS, FRESH APPLE SOFT APPLE SLICES	26 CHICKEN PARMESAN ON BUN (WG), ASSORTED VEGETABLES, FRESH ORANGE MANDARIN	27 TACO ON TORTILLA (WG), CHOPPED ROMAINE, ICEBERG & BEETS W/ DRESSING PEAS FRESH PEAR
30 STIR FRY CHICKEN W/ CABBAGE ON BROWN RICE (WG) PEACHES				 <p>The Preschool Pantry Caring Adults for the Day Program</p>
<p>MILK SERVED WITH EACH MEAL (Whole Milk for children under age 2; 1% for all other children)</p> <p>RED FONT = TODDLER ALT (WG) = WHOLE GRAIN * = CONTAINS PORK</p>				