




AUGUST 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Happy Summer <small>EFC 2019</small>	 The Preschool Pantry <small>Open to All Children in the Community</small>			TUITION DUE EFC 1 Family Picnic 6:00-7:30	2 ROASTED CHICK PEA SALAD (WG), SPLIT PEA W/ CARROT SOUP , BREADSTICK (WG), FRESH WATERMELON
	Play, Tap & Go - Tods and Monkeys 5 TURKEY WILD RICE HOTDISH, ASSORTED VEGETABLES, PEARS	6 TURKEY W/ NOODLES (WG), CAULIFLOWER & BROCCOLI, PEACHES	7 FISH NUGGETS W/ CHEESE AND TARTAR ON BUN (WG), PEAS FRESH ORANGE MANDARIN	8 CHICKEN ALA KING, BUTTERMILK BISCUIT, FRESH APPLE SOFT APPLE SLICES	9 CHICKEN TERIYAKI OVER BROWN RICE (WG), CHOPPED ROMAINE, ICEBERG & BEETS W/ DRESSING CARROTS , FRESH BANANA
	12 CHARBROILED BEEF PATTY ON BUN (WG) W/ KETCHUP, CORN GREEN BEANS , PEARS	13 TURKEY FETTUCCINI, ASSORTED VEGETABLES, PINEAPPLE TIDBITS PEACHES	14 CHILITO WRAP ON TORTILLA (WG), FRESH ORANGE CHICKEN FLORENTINE , BREADSTICK (WG), MANDARIN	TUITION DUE 15 15 ITALIAN SPAGHETTI (WG), PEAS, FRESH APPLE SOFT APPLE SLICES	16 CHICKEN FAJITA ON TORTILLA (WG), CHOPPED ROMAINE, ICEBERG & BEETS W/ DRESSING GREEN BEANS , FRESH PEAR
	19 TURKEY VEGETABLE SOUP, CHEESE SANDWICH (WG), PEACHES	20 TURKEY CHILI W/ BEANS, BREADSTICK (WG), ITALIAN CABBAGE CRUNCH ON BUN (WG) PEARS	21 BAKED CHICKEN NUGGETS (WG), CARROTS, FRESH APPLE SOFT APPLE SLICES	Pipsqueeks Music and Movement Show Tods at 10:00/PS at 10:30 22 22 TURKEY SLOPPY JOE ON BUN (WG), CAULIFLOWER & BROCCOLI, FRESH ORANGE MANDARIN	23 TACO ON TORTILLA (WG), CHOPPED ROMAINE, ICEBERG & BEETS W/ DRESSING ASSORTED VEGETABLES , FRESH BANANA
	26 CHICKEN SPAGHETTI, PEAS, PINEAPPLE TIDBITS PEARS	27 SOUTHWEST CHICKEN & VEGGIES ON TORTILLA (WG) WEE SHELLS & TURKEY , CARROTS, PEACHES	28 BRUNCH BAR W/ CHEESE ON BUN (WG) CHEESY LINGUINI , GREEN BEANS, FRESH APPLE SOFT APPLE SLICES	29 CHICKEN PARMESAN ON BUN (WG), ASSORTED VEGETABLES, FRESH ORANGE MANDARIN	30 STAFF INSERVICE - CENTER CLOSED

MILK SERVED WITH EACH MEAL (Whole Milk for Infants/Young Toddlers and 1% for Older Toddlers/Preschool) **RED FONT = TODDLER ALT** (WG) = WHOLE GRAIN.

* = CONTAINS PORK