



INVER GROVE HEIGHTS FEBRUARY 2019

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONTHLY UNIT: FEELINGS AND HEALTH					1 TUITION DUE CHEESY ROTINI, GREEN BEANS, FRESH BANANA	2
3	4 CHARBROILED BEEF PATTY W/ KETCHUP ON WHOLE WHEAT BUN, ASSORTED VEGETABLES, PEACHES	5 Sign Language STIR FRY CHICKEN W/ CABBAGE OVER BROWN RICE, PEARS	6 BEEF & GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, FRESH ORANGE (MANDARIN)	7 Cahill Dental visits CHICKEN ALA KING W/ BUTTERMILK BISCUITS, APPLE CRISP	8 CHILITO ON WHOLE WHEAT TORTILLA (MOZZARELLA STICK W/ SAUCE, GREEN BEANS) FRESH PEAR	9
10	11 Stretch-N-Grow CHICKEN PARMESAN ON WHOLE WHEAT BUN, CORN (CARROTS) PEACHES	12 TURKEY W/ NOODLES, PEAS, PINEAPPLE TIDBITS (PEARS)	13 ITALIAN SPAGHETTI, GREEN BEANS, FRESH ORANGE (MANDARIN)	14 Happy Valentines Day BAKED CHICKEN NUGGETS, ASSORTED VEGETABLES, FRESH APPLE (SOFT APPLE PIECES)	15 TUITION DUE CHICKEN FAJITA ON WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (CARROTS) FRESH BANANA	16
17	18 CHILI W/ BEANS, WHOLE WHEAT BREADSTICK (BRUNCH BAR W/ CHEESE ON BUN, PEAS) PEARS	19 Sign Language TURKEY W/ GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, PEACHES	20 SLOPPY JOE ON WHOLE WHEAT BUN, CORN, FRESH ORANGE (GREEN BEANS, MANDARIN)	21 CHICKEN SPAGHETTI, ASSORTED VEGETABLES, FRESH APPLE (SOFT APPLE PIECES)	22 TACO ON WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (GREEN BEANS,) FRESH PEARS	23
24	25 Stretch-N-Grow WEE SHELLS & TURKEY, CARROTS, PINEAPPLE TIDBITS (PEACHES)	26 RIB BQ W/ CHEESE ON WHOLE WHEAT BUN, ASSORTED VEGETABLES PEARS	27 WILD RICE HOTDISH, PEAS, FRESH APPLE (SOFT APPLE PIECES)	28 BBQ CHICKEN ON WHOLE WHEAT BUN, CORN, FRESH ORANGE (GREEN BEANS, MANDARIN)		