



COON RAPIDS FEBRUARY 2019

Sunday

Monday





Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 TUITION DUE CHEESY ROTINI, GREEN BEANS, FRESH BANANA	2
3 Healthy Hearts	4 CHARBROILED BEEF PATTY W/ KETCHUP ON WHOLE WHEAT BUN, ASSORTED VEGETABLES, PEACHES	5 STIR FRY CHICKEN W/ CABBAGE OVER BROWN RICE, PEARS	MUSIC CLASS 6 BEEF & GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, FRESH ORANGE (MANDARIN)	WEAR RED DAY 7 CHICKEN ALA KING W/ BUTTERMILK BISCUITS, APPLE CRISP	8 CHILITO ON WHOLE WHEAT TORTILLA (MOZZARELLA STICK W/ SAUCE, GREEN BEANS) FRESH PEAR	9 
10 Love is in the Air	11 CHICKEN PARMESAN ON WHOLE WHEAT BUN, CORN (CARROTS) PEACHES	Wacky Day 12 TURKEY W. NOODLES, PEAS, PINEAPPLE TIDBITS (PEARS)	13 ITALIAN SPAGHETTI, GREEN BEANS, FRESH ORANGE (MANDARIN)	Happy Valentines! 14 BAKED CHICKEN NUGGETS, ASSORTED VEGETABLES, FRESH APPLE (SOFT APPLE PIECES)	15 TUITION DUE CHICKEN FAJITA ON WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (CARROTS) FRESH BANANA	16 
17 Caring and Sharing	18 CHILI W/ BEANS, WHOLE WHEAT BREADSTICK (BRUNCH BAR W/ CHEESE ON BUN, PEAS) PEARS	HAT DAY! 19 TURKEY W/ GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, PEACHES	MUSIC CLASS 20 SLOPPY JOE ON WHOLE WHEAT BUN, CORN, FRESH ORANGE (GREEN BEANS, MANDARIN)	21 CHICKEN SPAGHETTI, ASSORTED VEGETABLES, FRESH APPLE (SOFT APPLE PIECES)	22 TACO ON WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (GREEN BEANS,) FRESH PEARS	23 
24 Brushing Away Those Sugar Bugs	25 WEE SHELLS & TURKEY, CARROTS, PINEAPPLE TIDBITS (PEACHES)	26 RIB BQ W/ CHEESE ON WHOLE WHEAT BUN, ASSORTED VEGETABLES PEARS	PAJAMA DAY 27 WILD RICE HOTDISH, PEAS, FRESH APPLE (SOFT APPLE PIECES)	28 BBQ CHICKEN ON WHOLE WHEAT BUN, CORN, FRESH ORANGE (GREEN BEANS, MANDARIN)	MILK SERVED WITH EACH MEAL	