



COON RAPIDS JANUARY 2019

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HERE'S TO 2019		1 NEW YEAR'S DAY - CENTER CLOSED	2 TUITION DUE CHEESY ROTINI, PEAS, PEARS	3 CHARBROILED BEEF PATTY W/ KETCHUP ON WHOLE WHEAT BUN, GREEN BEANS, FRESH APPLE (UNSWEETENED APPLESAUCE)	4 TACO ON WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (CARROTS) FRESH BANANA	5 
6 GERMS, GERMS GO AWAY	7 STIR FRY CHICKEN W/ CABBAGE OVER BROWN RICE, PINEAPPLE TIDBITS (PEACHES)	8 CHICKEN PARMESAN ON WHOLE WHEAT BUN, CARROTS, PEARS	9 PAJAMA DAY TURKEY FETTUCINI, ASSORTED VEGETABLES, FRESH ORANGE (MANDARIN)	10 CHICKEN ALA KING W/ BUTTERMILK BISCUITS, APPLE CRISP	11 FAVORITE SPORTS TEAM CHICKEN FAJITA W/ WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (GREEN BEANS) FRESH BANANA	12 
13 MINNESOTA WINTERS	14 BEEF & GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, PEACHES	15 SCIENCE FIELDTRIP TUITION DUE ITALIAN SPAGHETTI, PEAS, PEARS	16 BAKED CHICKEN BREAST NUGGETS, ASSORTED VEGETABLES, FRESH APPLE (UNSWEETENED APPLESAUCE)	17 FISH NUGGETS W/ CHEESE & TARTARON BUN, CARROTS, ORANGE (BRUNCH BAR W/ CHEESE ON BUN, CARROTS, MANDARIN)	18 BEACH DAY CHICKEN TERIYAKI OVER BROWN RICE, CHOPPED ICEBERG & ROMAINE W/ DRESSING (PEAS) FRESH BANANA	19 
20 ARCTIC ANIMALS	21 TURKEY W/ NOODLES, GREEN BEANS, PEARS	22 WACKY DAY CHILI W/ BEANS, WHOLE WHEAT BREADSTICKS, PINEAPPLE TIDBITS (MOZZARELLA STIX W/ SAUCE, CARROTS, PEACHES)	23 Music RIB BQ W/ CHEESE ON WHOLE WHEAT BUN, CORN, FRESH APPLE (ASSORTED VEGETABLES, UNSWEETENED APPLESAUCE)	24 CHICKEN SPAGHETTI, PEAS, FRESH ORANGE (MANDARIN)	25 SLOPPY JOE ON WHOLE WHEAT BUN, GREEN BEANS, FRESH BANANA	26 
27 WINTER SPORTS	28 WILD RICE HOTDISH, ASSORTED VEGETABLES, PEACHES	29 SLED DAY TURKEY W/ GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, PEARS	30 BBQ CHICKEN ON WHOLE WHEAT BUN, CORN, FRESH APPLE (CARROTS, UNSWEETENED APPLESAUCE)	31 WEE SHELLS & TURKEY, PEAS, FRESH ORANGE (MANDARIN)	MILK SERVED WITH EACH MEAL	