



CIRCLE PINES JANUARY 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

THEME : Let It Snow!		1 NEW YEAR'S DAY - CENTER CLOSED	2 TUITION DUE CHEESY ROTINI, PEAS, PEARS	Sled Day 3 CHARBROILED BEEF PATTY W/ KETCHUP ON WHOLE WHEAT BUN, GREEN BEANS, FRESH APPLE (UNSWEETENED APPLESAUCE)	4 TACO ON WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (CARROTS) FRESH BANANA	5
6 THEME : The Arctic	7 STIR FRY CHICKEN W/ CABBAGE OVER BROWN RICE, PINEAPPLE TIDBITS (PEACHES)	Yoga 8 CHICKEN PARMESAN ON WHOLE WHEAT BUN, CARROTS, PEARS	9 TURKEY FETTUCCINI, ASSORTED VEGETABLES, FRESH ORANGE (MANDARIN)	Penguin Day - wear black and white 10 CHICKEN ALA KING W/ BUTTERMILK BISCUITS, APPLE CRISP	11 CHICKEN FAJITA W/ WHOLE WHEAT TORTILLA, CHOPPED ICEBERG & ROMAINE W/ DRESSING (GREEN BEANS) FRESH BANANA	12
13 THEME : Winter in Minnesota	14 BEEF & GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, PEACHES	Preschool field trip to Eagles Nest 15 TUITION DUE ITALIAN SPAGHETTI, PEAS, PEARS	Hat Day 16 BAKED CHICKEN BREAST NUGGETS, ASSORTED VEGETABLES, FRESH APPLE (UNSWEETENED APPLESAUCE)	Fitness Fun 17 FISH NUGGETS W/ CHEESE & TARTAR ON BUN, CARROTS, ORANGE (BRUNCH BAR W/ CHEESE ON BUN, CARROTS, MANDARIN)	18 CHICKEN TERIYAKI OVER BROWN RICE, CHOPPED ICEBERG & ROMAINE W/ DRESSING (PEAS) FRESH BANANA	19
20 THEME : Ice is Nice	21 TURKEY W/ NOODLES, GREEN BEANS, PEARS	Yoga 22 CHILI W/ BEANS, WHOLE WHEAT BREADSTICKS, PINEAPPLE TIDBITS (MOZZARELLA STIX W/ SAUCE, CARROTS, PEACHES)	23 RIB BQ W/ CHEESE ON WHOLE WHEAT BUN, CORN, FRESH APPLE (ASSORTED VEGETABLES, UNSWEETENED APPLESAUCE)	24 CHICKEN SPAGHETTI, PEAS, FRESH ORANGE (MANDARIN)	Hockey Jersey Day 25 SLOPPY JOE ON WHOLE WHEAT BUN, GREEN BEANS, FRESH BANANA	26
27 THEME : Winter Sports	28 WILD RICE HOTDISH, ASSORTED VEGETABLES, PEACHES	Fitness Fun 29 TURKEY W/ GRAVY ON WHOLE WHEAT BREAD, WHIPPED POTATOES, PEARS	30 BBQ CHICKEN ON WHOLE WHEAT BUN, CORN, FRESH APPLE (CARROTS, UNSWEETENED APPLESAUCE)	Pajama Day 31 WEE SHELLS & TURKEY, PEAS, FRESH ORANGE (MANDARIN)	MILK SERVED WITH EACH MEAL	