

## Toddler connections

1. Play games that create movement away from and then back to you.  
(fetch, tag, hiding)
2. Have favorite songs you sing together, silly phrases.
3. Establish routines - having meals together, reading stories at night, etc.
4. Model sharing and showing concern and kindness toward other people.
5. Build connections with your child's teachers.
6. Encourage cause and effect thinking.
7. Expand on children's words and encourage conversation.
8. Allow time for your child to solve problems.
9. Make transitions slowly and give warning before abrupt change.
10. Offer choices.
11. Accept positive and negative expressions of feelings.
12. Keep expectations reasonable.
13. Model "please" and "thank you."
14. Let your child "win" sometimes.
15. Play simple follow the leader games.
16. Play music and encourage movement.
17. Give your child words to handle his/her anger.
18. Talk about spatial relations - "in front of", "beside", "behind".
19. Read simple books with repetitive phrases.